



Saint Matthew

CATHOLIC CHURCH

DEEPENING OUR CATHOLIC FAITH TOGETHER

MARCH 10, 2024 + FOURTH SUNDAY OF LENT

for God so
LOVED

the world that *he gave his one and only Son*, that whoever believes in him *shall not perish but have eternal life*



John 3:16

MASS SCHEDULE

MASS

Monday - Friday | 8 a.m.
Wed. | 7 p.m. (Adoration at 6 p.m.)
Saturday Vigil | 5 p.m.
Sunday | 8:30 a.m., 11 a.m.

CONFESSION

Wednesday | 6 - 6:50 p.m.
Saturday | 4 - 4:45 p.m.

PARISH INFORMATION

CONTACT US:

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✉ info@stmatthewtn.org
☎ (615) 646-0378
🌐 www.stmatthewtn.org
📱 @SaintMatthewCatholicChurch

PASTOR:

Father Justin Raines

ASSOCIATE PASTOR:

Father Tien Tran

DEACONS:

Lachlan Cameron & Bill Forte



PARISH NEWS

STATIONS OF THE CROSS

Join us every Friday during Lent for Stations of the Cross at 6 p.m. in the church. Each week, we will be led by a different member of the community. Our next event will take place this Friday, March 15, led by members of the Troops of St. George. We hope to see you there!

BECOME AN EMHC

Now that we have begun distributing the Precious Blood at our weekend Masses, we are in need of more Extraordinary Ministers of Holy Communion, specifically at our 11 a.m. Mass every Sunday. Whether you have served as an EMHC in the past or are feeling called to this ministry for the first time, this is your opportunity to serve a special role in our liturgies. The simple training session can take place at your convenience and will only last about a half hour. To learn more and schedule your training session, please contact Kelly Ott at kott@stmatthewtn.org.

PRAYER SHAWL MINISTRY

Are you looking for a simple way to get involved at the parish? Do you like using your talents to serve others? Do you like to knit or crochet? We are looking to revive our prayer shawl ministry. If you are interested in joining, please contact Mary Starr at maryestarr25@gmail.com.

LITURGY SCHEDULE

(MARCH 11-17, 2024)

MONDAY, MARCH 11

- 8:00 a.m. Mass
- ✦ For "Teena" Harriet Rodgers
- Is 65:17-21
- Jn 4:43-54

TUESDAY, MARCH 12

- 8:00 a.m. Mass
- ✦ Scott Adams
- Ez 47:1-9, 12
- Jn 5:1-16

WEDNESDAY, MARCH 13

- 7:00 p.m. Mass
- ✦ Warren LeJeune
- Is 49:8-15
- Jn 5:17-30

THURSDAY, MARCH 14

- 8:00 a.m. Mass
- ✦ Arthur Jesse
- Ex 32:7-14
- Jn 5:31-47

FRIDAY, MARCH 15

- 8:00 a.m. Mass
- ✦ For Miriam Palmer
- Wis 2:1a, 12-22
- Jn 7:1-2, 10, 25-30

FIFTH SUNDAY OF LENT

- 5:00 p.m. Saturday Vigil Mass
- ✦ Arlan Coty Burnham
- 8:30 a.m. Sunday Mass
- ✦ For the People of Saint Matthew
- 11:00 a.m. Sunday Mass
- ✦ For Olivia Templeton
- Jer 31:31-34
- Heb 5:7-9
- Jn 12:20-33

✦ **Special Intention**
✦ *May they rest in peace*

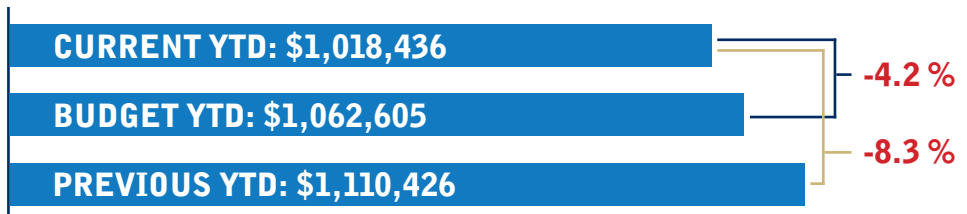
STEWARDSHIP UPDATE

- FOR THE WEEK ENDING MARCH 3 -

REGULAR COLLECTIONS	\$29,579
SECOND COLLECTION: CAPITAL NEEDS	\$611

- FISCAL YEAR TO DATE (BEGINNING JULY 1, 2023)

CURRENT YTD	\$1,018,436
BUDGET YTD	\$1,062,605
PREVIOUS YTD	\$1,110,426



MAKE YOUR GIFT TODAY!
TO LEARN MORE, VISIT
www.stmatthewtn.org/giving



PARISH NEWS

FAMILY SERVICE MINISTRY SENSORY GARDEN

The Family Service Ministry would love your helping hands at our annual gardening day! On Sunday, March 17, we will be at the Lion's Club Sensory Garden for the Blind from 9 a.m. through noon. It will be the first gardening day of the year at the garden, so we could use your help! To learn more and RSVP, please visit bit.ly/smcfsmgardening24. If you have questions, please contact Theresa Chau at (813) 361-4334. We hope to see you there!

WOMEN'S CLUB MARCH MEETING

All are invited to join the Women's Club for their Spring Fling Cooking Demonstration & Dinner, featuring Kevin Raymond from the Cathedral of the Incarnation! Turn the page and see the insert for more information. We hope to see you there!

MEN'S CLUB FISH FRY - FRIDAY, MARCH 22

Join the Saint Matthew Men's Club on Friday, March 22 for their last Fish Fry of the Lenten season! Meals are available for \$10/each and will include two pieces of fried catfish, hush puppies, fries, and coleslaw. Spaghetti will be available for those who do not like catfish. Dinner will be served from 6-8 p.m. in the Cohan-Hansom Building. To place your order, visit bit.ly/smcfishfryfeb24.



FRIDAY, MARCH 22
FROM 6-8 P.M.
COHAN-HANSOM
\$10/MEAL
ORDER ONLINE AT

www.bit.ly/smcfishfrymarch24



HOLY THURSDAY ADORATION & COMPLINE

Following the Mass of the Lord's Supper on Holy Thursday, March 28, we will move the Blessed Sacrament to the altar of repose in the gym, where we will pray Compline and host Adoration until midnight. We invite everyone to participate in these special prayer services after the Mass. Similar to our First Friday Adoration, we have created a sign-up sheet for the evening. If you are interested in spending time in prayer with the Blessed Sacrament, please feel free to sign up for a time slot. Time slots are available in 30-minute increments. If you would like to spend more time in Adoration, you are welcome to sign up for multiple consecutive time slots. To register, please visit bit.ly/smccompline.



*Saint Matthew
Catholic Church*

JOIN US FOR HOLY WEEK!



PALM SUNDAY

— March 23 & 24 —

Saturday Vigil - 5:30 p.m.
Sunday Mass - 8:30 & 11 a.m.



HOLY THURSDAY

— March 28 —

Mass of the Lord's Supper - 7 p.m.
Procession & Compline to follow



GOOD FRIDAY

— March 29 —

Morning Prayer - 8 a.m.
Stations of the Cross - 3 p.m.
Passion of the Lord - 7 p.m.



EASTER VIGIL

— March 30 —

Morning Prayer - 8 a.m.
Easter Vigil - 8 p.m.



EASTER SUNDAY

— March 31 —

Mass
7:30 a.m. | 9:30 a.m. | 11:30 a.m.
*Easter Egg Hunt following 11:30 a.m. Mass

PARISH NEWS

40 DAYS FOR LIFE

The Saint Matthew Respect for Life ministry invites all parishioners to take part in the 40 Days for Life spring campaign! 40 Days for Life is an internationally coordinated campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. The spring campaign will end on March 24. All are invited to participate. Visit www.40daysforlife.com/en/nashville for a full schedule of events.

FORMED

PICK OF THE WEEK - MARCH 10



FEAR AND SPIRITUAL WARFARE | EP. 5: FEARLESS

Exorcist Fr. Chad Ripperger joins Chris to discuss fear and spiritual warfare. God calls us to walk confidently in his victory over the Evil One, not be slaves to fear. Reject fear's lies and live in the full freedom that comes from claiming the truth of Jesus Christ. Learn from Chris and Fr. Chad how to let Christ's power unshackle your heart and overcome sin in your life.

To watch this title and many more like it, visit FORMED.org and sign up using our parish zip code (37069).

SAINT MATTHEW SCHOOL NEWS

SMS CAMP REGISTRATION OPEN

Registration for SMS Camp 2024 is now open! Come join us for another summer at Saint Matthew summer camp. Our doors will be open for another five weeks this summer. To register for SMS Camp, view the camp brochure, or sign up to be a Counselor in Training (CIT), visit bit.ly/smscamp24. If you have any questions regarding camp, please email Camp Director Josh Edmondson at jedmondson@stmatthewtn.org. Go Lions!

FREE MONEY!

Let's take advantage of free money to raise funds for our sister parish, Our Lady of Miracles, in Gobert, Haiti! Simply register your Kroger and Publix shoppers cards and select Saint Matthew Church to receive the funds. Then, buy groceries as you normally would! These stores will send quarterly checks to the church and school based on our total spending. To register your cards for these benefits, visit www.publix.com and www.kroger.com. Thank you for your support!

GOT SPARE CHANGE?

There are clear boxes on the table outside the training chapel where you can share your spare change to benefit our sister parish in Haiti. Don't have any change in your pocket or purse? Use the included QR code on the box to donate a dollar or two (or more!). Thank you in advance for sharing your spare change!

LUNCHROOM VOLUNTEERS NEEDED

Lunch volunteers are needed for our school lunches! This is a great way to see the children for a short time and fulfill that new year resolution to volunteer more. Come every day, once a week, once a month - whenever you can! If you are interested in learning more or would like to volunteer, contact Grace Wright at gwright@stmatthewtn.org. When you volunteer in the lunchroom, your child (or you!) will receive lunch free that day!

COMMUNITY NEWS

FATHER RYAN ACADEMIC BLEND

Parents of current 5th-7th grade students are invited to visit Father Ryan's campus for an in-depth look into its curriculum as you begin to plan for your student's 9th-12th grade high school experience. You will have the opportunity to tour the academic building, observe classes in session, and meet members of the senior staff. This event will occur from 9:15-10:45 a.m. on Thursday, March 21. Visit www.fatherryan.org/academicblend to learn more and register.

CATHOLIC BUSINESS LEAGUE

Judy Komisky Orr, LMSW, the executive director of Catholic Charities, will be the featured speaker for the Catholic Business League Breakfast Meeting on Thursday, March 14. Judy will give an overview of the agency's workplace development programs, which is the feature of the upcoming Festival of Hope breakfast fundraiser. The CBL meeting begins in the Fleming Center at Cathedral at 7:45 a.m. More information is available at catholicbusinessleague.org.

SAINT THOMAS HOSPITAL NEEDS EMHCs

Ascension Saint Thomas Hospital is seeking volunteers to serve as Extraordinary Ministers of Communion for patient visitation at both the West and Midtown campuses. Eucharistic Ministers must be practicing Catholics and apply first to become hospital volunteers. A letter of good standing from the pastor must also be provided. Those interested should contact Susan Fussell at (615) 222-6602 for additional information.

KALEIDOSCOPE FESTIVAL

Catholic Charities, Diocese of Nashville in partnership with Catholic Charities USA, Interfaith America, YMCA, and Habitat for Humanity would like to invite you to the Kaleidoscope Festival. This fun event will celebrate cultural diversity and integrate the entire community. The individuals participating in our festival will be staff members, volunteers, donors, interns, advocates, partners, Nashvillian families, and neighbors throughout Middle Tennessee. The festival will take place on Saturday, March 23 from 10 a.m. to 5 p.m. at the Catholic Pastoral Center. To learn more and register, visit bit.ly/cctennkaleidoscope.

Join our diocese at the
National Eucharistic Congress
Indianapolis | July 17 - 21, 2024

For more information,
please scan the QR
code at the right.



[Learn More](#)

TONY'S REFLECTION

THE GLORY OF SACRIFICE

While Lent may present itself as a rugged terrain at first, this journey into the wilderness with Christ, full of prayer, fasting, and almsgiving, will eventually sharpen our spiritual senses. Pressed into detaching ourselves from this world, we experience a sense of freedom from a culture that entices our passions and compels us to do things we know we shouldn't.

Freedom is expressed in detaching oneself from that which negatively controls us. Something controls you, be it anxiety, other people's opinions, or perhaps some vector of short-term pleasure. One of the underlying themes of Lent is to curtail comfort to endure a bit of sacrifice. The paradox we find ourselves in is letting go of comfort is hard. In her book *Dopamine Nation*, psychologist Anna Lembke illustrates that our culture's obsessive consumption of comfort and pleasure has led to a situation in which people lack the ability to do hard things, thus they are incapable of sacrifice. The book explains that people tend to refrain from doing hard things because it means giving up comfort; therefore, the Lent season showcases our addiction to comfort and lets us know that, because of this comfort dependence, we lack the will to engage in strenuous, heroic work.

Because human beings share the five senses with the animals, our overstimulation in these lower appetites will reduce our intellect and will. In this pleasure-seeking mode, we cannot know the good and freely choose to do the good. What's worse is that, being ensconced in pursuing pleasure, we cannot perform the role that God gave us: to suffer for the good of the other. To get us back on track, Lent provides us with the practice of fasting and abstinence. These two Lenten exercises relate to the virtue of temperance, by which we moderate our enjoyment of sense pleasures. God created a sense of pleasure for our enjoyment, but since Adam and Eve's fall, our drive for food, drink, and sex has gotten out of whack. We have to intentionally rein in these desires so they don't enslave us and take God's place as Lord of our hearts. Interestingly enough, controlling these instincts often leads to a more wholesome and greater enjoyment of them. Nothing tastes as good as a meal after a full day of fasting!

By turning down the volume of comfort and pleasure for the self, we simultaneously turn up the volume of Christ coming into us. The members of our Exodus and Fiat 90 groups, who have been habituated to acts of self-denial for 70 days now, have told me that their prayer time is vastly more focused as they've lowered the use of their phones and TVs.

Accept the suffering that comes from fasting and abstinence. Whether you follow or go beyond the Church's minimal requirements, your short-term suffering will yield abundant fruit in your spiritual life. Embrace the suffering and offer it to God, who asks so little of you compared to the agony of His Son on the cross.

Suffering is fertile soil that leads to the growth of divine life in us. This Lent, let's continue to make a special effort to embrace our sacrifices with openness and love.

RELIGIOUS EDUCATION

REGISTER FOR SCUBA VBS

Take kids deep into an amazing undersea adventure where they'll experience the ever-flowing, never-ending love of God at Scuba VBS! Kids will be immersed in the Word and discover what living water is really all about. Scuba VBS will take place from July 22-26 from 8:30-11:30 a.m. and is open to all rising preschool (four years old by August 1) and kindergarten students. Visit bit.ly/smcvbs24 to register.



REGISTER FOR TOTUS TUUS

Latin for Totally Yours, Totus Tuus is a fun and energetic program designed to spread the Good News of Jesus and create joy in the faith. Totus Tuus is led by a team of college-aged missionaries and seminarians. The youthfulness, energy, and ability to witness to the faith make the missionaries effective with children and teens. Totus Tuus will take place from July 22-26 from 8:30 a.m.-3 p.m. and is open to all rising 1st-6th graders. To register, visit bit.ly/smetotustuus24.



ADULT FAITH FORMATION

NATIONAL EUCHARISTIC CONGRESS

This summer, there will be a historic National Eucharistic Pilgrimage accompanying Jesus from city to city across the four corners of the country. This historic procession of the Eucharist will come through Nashville from June 26-30. Visit www.eucharisticpilgrimage.org/st-juan-diego-route for more information about this event, and stay tuned for more on our parish's participation in this pilgrimage.



YOUTH MINISTRY

NEED A BREAK FROM HOME?

This Friday, March 15, pack a lunch and come claim your title as Board Game Master! We've got:

- Five different versions of Monopoly
- Enough Apples to Apples to last for hours
- Classic and beach themed Clue

Along with Rise favorites such as...

- Code Names
- Taco, Cat, Goat, Cheese, Pizza

And many other options (not an exaggeration)! Open to both homeschool students and any students home from school on spring break. Stop by the PCC at Saint Matthew anytime from 12-1:30 p.m.

NO RISE TONIGHT

Hope you are all enjoying spring break! See y'all next Sunday, March 17, for our next Rise Night!



GAME DAY

FULL NIGHT OF GAMES

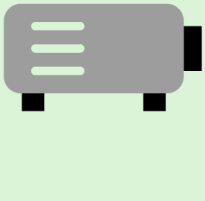
SUNDAY, MARCH 17TH
FROM 5:30 - 7:30 PM
THE ATHLETIC FIELD AT
SAINT MATTHEW
ALL HIGH SCHOOLERS WELCOME

RISE VS RISE

RISE MOVIE NIGHT



REGISTER HERE for free!



Monday, March 11th
From 4 - 8:30pm
in the Parish
Conference Center
at Saint Matthew Church

8th - 12th graders, come spend the first day of Spring Break with us! Dinner & snacks will be provided.



TONY JESSE
Director of Religious Education
tjesse@stmatthewtn.org

Want to learn about the faith? Visit
<http://bit.ly/SMCFaithFormationInterestForm>



ANTOINETTE HANNING
Director of Youth Ministry
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OFFICE HOURS: Mon. - Fri. 8:30 a.m. - 4:00 p.m.

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